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**CENTRAL'S ASSEMBLIES**  
**BRING A FRIEND AND ATTEND**  
**SUNDAY** 10:30 A.M. Canceled  
**WORSHIP A.M.** 10:30 A.M.  
**WORSHIP P.M.** Canceled  
**WEDNESDAY** 7:00 P.M.  
**MID-WEEK CLASS** 7:00 P.M.

Let us draw near with a true heart in full assurance of faith.  
Hebrews 10:22 KJV

**IN SEARCH**  
OF THE LORD'S WAY  
"These were more noble... they searched the scriptures daily..." (Acts 17:11)  
Sundays at 7:30 AM on KOCB—TV34  
**SEARCH PROGRAMS:**  
August 2, "Why Jesus Died"  
August 9, "The Sacrifice"  
August 16, "Salvation and the Cross"  
August 23, "The call of the Cross"

**LAST WEEK'S RECORD**

Bible School No Classes  
Worship Service 70  
Sunday Evening No Services  
Wednesday Evening 18  
Contribution \$3,329.10

Cleaning Team for this week is #5

You can find our worship service on:

Central's Facebook Page:  
<https://www.facebook.com/groups/centralchurchofchristshawneeok/>

Central's YouTube Channel:  
<https://www.youtube.com/channel/UCq8ft4soarDDSYok8ol9xpw?>

Central's Webpage:  
<http://www.shawneecentralcofc.org/media.php?t=sermons>

If you are mailing your offering to the church, please mail it to:

Central Church of Christ  
P.O. Box 1228  
Shawnee, OK 74802

If you would like for someone to bring you communion supplies, pick up your contribution, or have any other needs please call the Church office at 405-273-3065, or you can contact one of our Elders or Deacons.

Our recorded worship services will be ready by 2:00 p.m. each Sunday. These recordings are available on our Church website.



Aug 23, 2020 Vol. L 24, No. 33

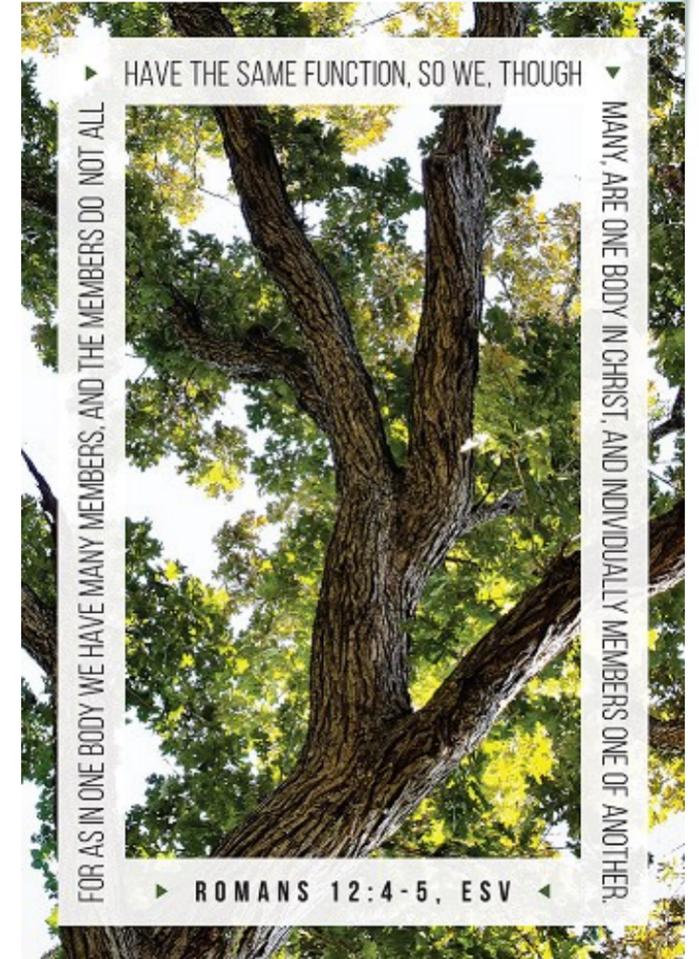
# THE GOSPEL GUIDE

**ELDERS:**  
Dennis Brodersen  
Paul Harris  
Steve Kelly  
Bob Perry  
Bob Stephens

**DEACONS:**  
Dale Beard  
Jim Cross  
Joe Curtis  
Tracy Gettle  
Keith Lawrence  
Ron Taffe

**Secretary:**  
Lois Carter

**MISSIONS:**  
Haiti Children's Home  
Hope Harbor Children's Home  
Liflyfield Christian & Adoption  
Nicaragua  
Search  
Southern Africa Bible College



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## Words Are Like Toothpaste

I heard my sweet granddaughter say something a few weeks ago that made me laugh. She told us all about her day at school and all the fun she had. As she proceeded to tell about some new friends she had made, she said, "I don't like that person, but I need to keep that to myself." It made us laugh because we know she didn't really mean anything by it, she's a kid. Kids can be mad at a person one minute and adore them the next. It made us laugh because we know that when she told her mom and dad about the friend she didn't like, their response was, "you should keep that to yourself." It reminded me of an object lesson we did with the youth group a few years back...

In this age of instant news, real or fake. In this age of social media, we often feel the need to share EVERYTHING we hear or think. But, here's the deal, once it's said, once it's posted, once we click send, it's out there! Sure, we can try to take it back, we can try to delete a post, but the hurt remains.

Words are like a tube of toothpaste. If used the right way, toothpaste helps clean our teeth and keep our mouth healthy. Words are the same. If we use our words to cheer someone up and say kind, encouraging things, our words can bring joy (health) to another person.

*Rash language cuts and maims, but there is healing in the words of the wise.* – Proverbs 12:18

Sometimes we can get sloppy with our toothpaste. It can leak all over the cap and make an annoying mess. Same with our words. Sometimes we aren't careful and harsh words or grumblings slip out of our mouths. When we're sloppy with our words, we make messes. We end up with bad moods and hurt feelings.

Now if we squeeze really hard on a tube of toothpaste, all the toothpaste comes squirting out. What a mess that makes! Our words can do the same thing. When we open our mouths and speak hurtful, mean things, we make a huge mess! Have you ever tried shoving toothpaste back into the tube after it has been squirted out? You can't, can you? The same is true

(continued in next column)

## IN OUR Thoughts and Prayers

Bill Lawerances dad **Bill Lawerance SR** had a fall and broke a bone. He is in rehab. He is also battling some other health concerns.

Don Mack- Has many health concerns.

Continued from first column:

with our words. Once we say those hurtful things, we can't take them back. Saying "sorry" or "I was just kidding," doesn't take the sting of those words away. Long after we have forgotten what we said, the person we hurt will remember it. We can't take it back, just like we can't put toothpaste back into the tube.

The Bible says "*Rash language cuts and maims*". Those are the messy toothpaste words. They hurt people. They make a mess in our lives and the lives of others.

The scripture continues to say, "*but there is healing in the words of the wise*". We want our words to be helpful to people. Just like toothpaste when used right helps keep us healthy, we want to use our words correctly to bring joy and healing to our friends, family and neighbors.

One more thought...

Sometimes words should be left unsaid all together. Like mom always said, "If you don't have anything nice to say, don't say anything at all". As Peyton learned, we should just keep it to ourselves!

Here's what a wise man once said:

*Even dunces who keep quiet are thought to be wise; as long as they keep their mouths shut, they're smart.* – Proverbs 17:28

Bob Stephens

## Forgetting and Forgiving

Prospero, when finally given a chance to punish those who had removed him of his rightful place as king, states, "Let us not burden our remembrance with a heaviness that's gone." (*Wm Shakespeare, The Tempest*)

A friend of Clara Barton, founder of the American Red Cross, once reminded her of an especially cruel thing that had been done to her years before, but Miss Barton seemed not to recall it. "Don't you remember it?" her friend asked.

"No," came the reply, "I distinctly remember forgetting it."

We can't be free and happy if we harbor grudges, so put them away. Get rid of them. Collect postage stamps, or collect coins, if you wish – but don't collect grudges.

Paul admonished the Ephesians with these words "...In your anger do not sin": Do not let the sun go down while you are still angry, and do not give the devil a foothold. Eph 4:26 NIV

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A retentive memory is often a good thing, but the ability to forget can be a token of greatness.

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Life is like a mirror – We get the best results when we smile at it.

A minister parked his car in a no-parking zone in a large city because he was short of time and couldn't find a space with a meter. So he put a note under the windshield wiper that read: "I have circled the block ten times. If I don't park here, I'll miss my appointment. *Forgive us our trespasses.*"

When he returned, he found a citation from a police officer along with this note: "I've circled this block for ten years. If I don't give you a ticket, I'll lose my job. *Lead us not into temptation.*"

## CONTINUING PRAYER CONCERNS

All these members and friends have continuing health concerns or other special circumstances. They appreciate your interest and prayers.

Chad Beard	Emma White	Hayden Leonard
Ann Bivins	Thelma Divine	Thearlene Morris
Blake Carter	Harold Carothers	James Reeves
Boyd Cheney	Debra Campbell	Dorothy Strickland
Carla Dame	Fredith Hanifan	John Sullivan
Carl Weeks	Sandon Hilditch	Beverly Woodard
Don Mack	Diane Lawerance	Selene Williams
Debbie Taffe	Carol Brodersen	Sandra Pollard

Tipton Home Truck will be coming the week of August 24th. There are a few things they need; Assorted Cereal, Presweetened Kool Aid, Ritz Crackers, Club Crackers, Pop Tarts, Spaghetti Sauce, Vegetable Oil, Spam, Apple Juice, Jelly, Tomato Sauce, Canned Diced Tomatoes  
**Supplies**– Toilet Tissue, Paper Towels, Bleach, Window Cleaner, and Sanitizing Wipes.

Please join us Wednesday at 7:00 for another great lesson by Bob Perry.



## TIPTON HOME

Our Tipton Home collection for the month of August is **Toilet Tissue** Please place these items in the barrel in the foyer. Thank you.

## LOOKING AHEAD

**Sunday morning worship service will be at 10:30a.m.**

**Wednesday Night services 7:00pm**